

March 2017



*Lunch forms need to be *turned into the KITCHEN* by 9am.

***Any child that is eating school lunch must have pre-ordered a lunch.**

*Lunch forms for the whole month can be found on the school website.

*Menu Subject to Change.

*This institution is an equal opportunity provider.

*All School Lunches include milk.

Monday	Tuesday	Wednesday	Thursday	Friday
6. Salad Bar: Lettuce/Tomatoes Cucumbers/Ham Cranberries/Ranch Berries/Pretzel	7. Chicken Noodles Mashed Potatoes Mixed Vegetables Mandarin Oranges Whole Grain Roll	8. Baked Beans BBQ Pork Sandwich Broccoli Apricots	9. Chicken Fajita Rice Pilaf Carrots & Celery Applesauce Taco Sauce	10. Cheese Toasties Lettuce/Tomatoes Orange Slices Fruit Snack Ranch
13. Spaghetti Broccoli Peaches Whole Grain Roll	14. Chicken Patty Mashed Potatoes Gravy/Fruit Green Beans/Roll	15. Baked Beans Hamburger/Berries California Blend Ketchup/Mustard	16. Taco Salad: Lettuce/Tomatoes Pineapple/Chips Ranch/Taco Sauce	17. Make-Up Day
20. Corn Dog Broccoli/Carrots Fruit Salad Fruit Snack Ketchup/Mustard	21. Egg, Sausage, Cheese Burrito Tri-tater/Ham Applesauce Peppers	22. Baked Beans Chicken Sandwich Pears Corn Ketchup/Mustard	23. Ham & Cheese Sandwich Carrots & Celery Broccoli/Oranges Ketchup/Mustard	24. Bean & Cheese Chalupa Lettuce/Tomatoes Grapes Taco Sauce
27. Berries/Pretzel Chicken Nuggets Peas/Potatoes Ketchup/Mustard	28. French Toast Sausage/Carrots Smiley Potatoes Applesauce/Syrup	29. Turkey Hot Dog Chili Sauce/Broccoli Baked Beans Melon/Condiments	30. Taco Salad: Lettuce/Tomatoes Tropical Fruit/Chips Taco Sauce/Ranch	31. Cheese Pizza Carrots & Celery Tomatoes/Ranch Apple Slices

Tips for Meatless Fridays

1. Think Ethnic Foods (Mexican, Italian, Chinese, Indian, Japanese)
2. Search for “Meatless Mondays” Recipe Ideas
3. Plan Ahead: Choose your meal early in the week; use a slow cooker; ask your kids for ideas

